

**2017 POWERADE STATE GAMES OF NORTH CAROLINA
OFFICIAL ICE HOCKEY PLAYING RULES**

This is not a sanctioned USA Hockey event, but USA Hockey Rules will be in effect with the following additions and exceptions:

1. **All protective equipment as required by USA Hockey must be worn. Please visit www.usahockey.com for requirements.**
 2. Eligibility:
 - a. Youth players may not compete for more than one team in the same “skills” division. ***Youth players must play in the State Games according to the age division that they played in the 2016-17 season.*** An exception for youth players to play up in an older youth division can be requested in writing to the State Games office via email. Written parental consent must accompany the request. Youth players may not play down in a younger division, unless approval has been granted by USA Hockey or your Association President, and the player has played in the younger division all year. Written approval from USA Hockey or your league President and score sheets to verify that a player has played in a younger age division all year will be required.
 3. All teams must have matching color jerseys and each player must have a unique number on the back. It is highly recommended that each team have two differently colored jerseys. If two teams playing each other have similarly colored jerseys, the team listed as the Visitor will be required to wear a pullover jersey or a substitute jersey.
 4. Rosters must be submitted to the State Games office or online on or before May 26th (Youth) and June 2nd (Adult). A maximum of 20 players may be on the roster. A maximum of 3 roster changes or additions will be allowed after your roster is submitted. Absolutely no roster changes or additions will be allowed after 5:30p.m., three business days prior to your team’s first scheduled game! If a player may be absent for part of the tournament, another player should be put on the roster prior to the roster deadline to fill his/her spot. All roster changes must be approved by and made directly with the State Games office on or before the roster deadline.
 5. Youth and Adult players may not compete for more than one team in the same “skills” division. An exception for adult goalies can be requested in writing to the State Games office. Women playing in the women’s division may also play on an Adult 18 & over division team, if scheduling permits.
 6. **YOUTH BOYS PLAYERS may NOT compete in the Adult 18 & over Mens divisions. No exceptions!**
 7. The coach/captain must ensure that score sheets are filled out properly and submitted to tournament officials prior to the warm-up. A minor penalty (delay of game) will be given to any team not submitting an accurate score sheet in a timely manner prior to warm-up.
 8. Absolutely NO ONE will be allowed to participate in the State Games without submitting complete player information and a properly signed Agreement to Participate (parent/guardian signed for youth).
 9. Time periods will be:
 - a. Youth Games - Three, 15-minute running time periods.
 - b. Adult Men’s and Women’s Games - Three, 20-minute running time periods.
- Note: The clock will stop for excessive injury time, facility problems, or other excessive delays as determined by the referee(s).
10. The last 2 minutes of the third period in all games will be stop-time if the goal differential is, or becomes, 2 goals or less. The time will remain stop-time for the remainder of the game regardless of the score.
 11. Penalty times: Youth - 2-minute minors, 5-minute majors and 10-minute misconducts.
Adult - 2-minute minors, 5-minute majors and 10-minute misconducts.
*Penalty time will commence at puck drop
 12. All game ejection penalties (i.e. game, misconducts or match penalties) will be subject to review by the Tournament Director and/or a State Games official prior to that player’s next game. All decisions are final.

13. Every attempt will be made to have medal games in all divisions. If medal games are played in a division, the format for advancement to the medal round is as follows:
- a. Total points
 - b. Head to head competition (if only two teams that played each other are tied)
 - c. Goals against
 - d. Fewest penalty minutes
- If medal games are not possible in a division, the point system (see #14) will be used to determine the medal winners.
14. The following points will be awarded in tournament competition:
- 3 points for winning the game in regulation
 - 2 points for a shootout win
 - 1 point for a shootout loss
 - 0 points for a loss
15. Overtime
The overtime format for youth and adult games will be as follows:
- a. If the score is tied at the end of regulation, a shoot-out period will be held. Five (5) players from each team will be chosen to take alternating shots (with visitors shooting first).
 - b. If the score remains tied, a second round of single shots will be taken. One player from each team will shoot until a team scores and the other does not. Players who are serving penalties at the end of regulation time are ineligible for the shoot-out. No player may shoot twice in the shoot-out period until all other teammates have shot.
16. A three-minute warm-up will be granted at the beginning of each game. The referees and/or the State Games tournament staff may reduce warm-up times if necessary. **Teams must be ready to play 15 minutes before their scheduled start time!**
17. Any complaints or protests must be made immediately to the referee. The decision of the referee shall be final.
18. Your team roster will be checked against the rink's information as well as through USA Hockey. Players may have to submit score sheets to prove that they are in the proper division. Any team with players not registered in the appropriate division must remove the player(s) from the roster. No roster additions will be allowed for removed players after the maximum number of roster changes or additions have been made by a team or after the roster deadline.

DESCRIPTION OF DIVISIONS

- Multiple skill divisions will be offered for Adult Men's Hockey. Teams will be slotted in the appropriate division based on the ability and skill of the players on the roster. Divisions will be released approximately one week after the roster deadline.
 - There will be only be two designations for Youth divisions. Teams will either play in a House Division or a Travel Division. This should be based on the level in which your team competed in the 2016-2017 season. Divisions will be grouped and tiered accordingly depending on numbers.
19. A team must have a minimum of 6 skaters to start the game.
20. Forfeits will be scored 5-0. Any team that forfeits a game will not be eligible to receive medals.
23. Good sportsmanship is expected from all players, coaches, spectators, off-ice officials and parents at all times. If a spectator is removed from the arena for unsportsmanlike behavior, he/she will be banned from the remainder of the 2017 State Games competition.
24. Only North Carolina and South Carolina residents will be allowed to participate in the State Games. An exception will be made for a player that has played with a North Carolina or South Carolina team during the 2016-17 regular season. Score sheets will be required as verification.
26. Adult players must have a valid picture ID at all times during the tournament. Players unable to provide a valid picture ID immediately upon request from the tournament staff will not be allowed to continue participating in the State Games.